



# Garden of Eve

## ORGANIC FARM & MARKET

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## JUNIOR GARLIC IRON CHEF

### INFO & ENTRY FORM

**Local children and teens compete to create a master garlic-flavored pasta sauce -  
in front of a live audience - in only half an hour!**

**DATE:** Contests will be held on BOTH Saturday and Sunday of the festival at 1:00pm. Please note which date you are entering. The contest will be held rain or shine. Please arrive by 12:30 pm.

**CONTEST DESCRIPTION:** Junior Garlic Iron Chef contestants will test their garlic sauce making skills in front of a live festival audience. Using simple utensils and farm fresh garlic and produce, contestants will have 30 minutes to prepare a delicious and unique pasta sauce that showcases the awesomeness of garlic! Judges will taste the junior chefs' creations and decide the winner!

#### JUNIOR GARLIC IRON CHEF RULES:

- Junior Garlic Iron Chef contestants must be ages 10-18; contestants may enter as teams made up of 1-4 people.
- Contestants will have 30 minutes to use ingredients provided to create enough sauce for the pasta provided (approximately 1 pound cooked pasta).
- Contestants will use ingredients provided, as judging is based on use garlic from Garden of Eve Organic Farm.
- Sauces will be judged on: 1) Deliciousness 2) Showcasing of garlic, 3) Use of GoE produce, 4) Originality. The judges will determine the winner of the contest and the judges' decisions are final.

#### GARDEN OF EVE SUPPLIES:

- Ingredients:
  - Garden of Eve produce: (will be provided whole, not cut): assorted tomatoes, basil, hot & sweet peppers, and a selection of surprise ingredients
  - Heads of garlic
  - Cooked pasta
  - Salt/pepper
- Portable butane stoves will be supplied to contestants at the contest site
- Utensils for each team: a cutting knife/cutting board, stirring spoon, spatula

#### CONTESTANTS MUST:

- Arrive by 12:30am in the Event Tent. Check in with the MC, Elizabeth
- Be ready for a fun and challenging half hour!
- Contestants May bring a MAXIMUM of 3 "Secret Ingredients" that are not provided by Garden of Eve to all teams. Please tell Garden of Eve in advance what these will be, and bringing more than 3 will incur elimination.

**PRIZES:** The winner will be named Junior Garlic Iron Chef, and will receive an official Junior Garlic Iron Chef plaque.



## JUNIOR GARLIC IRON CHEF CONTEST ENTRY SHEET

Please return to Garden of Eve Organic Farm Market or mail to PO Box 216, Aquebogue NY 11931, or email to [Garlic@GardenOfEveFarm.com](mailto:Garlic@GardenOfEveFarm.com), fax 631-727-6745.

Please fill in the information below.

CONTESTANT NAME(S): \_\_\_\_\_ & \_\_\_\_\_

TEAM NAME (if applicable): \_\_\_\_\_

Cooking experience includes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

PREFERRED CONTEST DATE: (circle one) Sat / Sun

ARE YOU OPEN TO THE OTHER DATE AS WELL? Yes / No

CONTESTANT 1: AGE \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

CONTESTANT 2: AGE \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

CONTESTANT 3: AGE \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

CONTESTANT 4: AGE \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

HOW DID YOU HEAR ABOUT THIS CONTEST?

ANY OTHER COMMENTS / NEEDS :

Scheduling is at the discretion of festival management.